## The HAVEN

Supporting individuals, carers and families affected by life-limiting illness and bereavement













www.thehavencentre.com

## About The HAVEN

We know that a diagnosis of a life-limiting illness can be traumatic and life-changing.

The Haven supports individuals, carers, children young people and families to manage the emotional distress and impact of illness and caring responsibilities, and to live life well with hope and prosperity.

Our specialist team of Nurses. ordinators and Wellbeing Practitioners can provide one-to-one support and resources to help you throughout every stage of illness: from diagnosis; during and after treatment; and at end of life - including bereavement support for families.

All services are free and delivered online, by telephone, or in-person by pre-booked appointments.

we are here for you







To arrange support for you and your family, please contact us during opening hours:

Monday-Thursday 10am-4pm and Friday 10am-1pm



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- facing the future together.



**19** The Haven Charity

