



Sessional Complementary Therapist Role Description

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| Role Title: | Sessional Complementary Therapist |
| Purpose: | To provide a range of complementary and relaxation therapy services on an individual and group basis, to clients in Haven centres and clients homes |
| Reports to: | Haven Nurse |

About the Haven

The Haven is a registered charity providing support to people affected by a range of life limiting illness and to their family members and carers. The Haven operates centres in Blantyre, Wishaw and Forth on a self-referral basis.

We support people affected by illness such as cancer, multiple sclerosis, motor neurone disease and dementia and will signpost to other services appropriate to their needs.

We provide individual and group support, complementary/relaxation therapies and a comprehensive selection of information on the conditions listed above.

The Haven is a registered charity and all our services are free.

Main Responsibilities

1. Demonstrate a sound understanding of complementary/relaxation therapies in relation to the different client groups of the Haven
2. Provide holistic, self management, strengths and outcomes based approaches in the assessment, delivery and evaluation of one to one and groupwork relaxation/complementary therapies to clients, in collaboration with other members of the multidisciplinary team
3. Provide support through building and maintaining relationships through effective listening and rapport building skills
4. Contribute to the development of the community signposting database
5. Provide feedback of the clients condition to the appropriate member/s of the team
6. Maintain professional records of treatments in client notes and any changes in the clients condition or progress
7. Take part in Haven evaluation and review processes to support the development and sustainability of client services
8. Respect the confidentiality of information held in relation to clients, past or present, volunteers and staff of The Haven
9. Maintain good relationships with clients and their families, and with volunteers, staff and visitors
10. Work collaboratively alongside other members of The Haven's multidisciplinary team
11. Abide by the Health and Safety and all other policies of The Haven

Education, Professional Development and Training

- Provide evidence of maintaining and developing skills and competencies in chosen therapies/groupwork, (CPD) minimum 10 hours per year, to include reflective practice
- Attend mandatory training sessions
- Contribute to in-house training and development initiatives

Health and Safety

- Take responsibility for personal safety by following health and safety policies; Fire regulations; Moving and Handling; Lone Worker Policy
- Attend and complete the induction programme

Professional Conduct

- Maintain high standards of professional and personal conduct, conducive to the values and ethos of The Haven
- Work constructively and collaboratively with others to enhance the clients experience and the service provided
- Act as an ambassador for The Haven to clients, colleagues and members of the public

Person Specification for Complimentary Therapist

| Factor | Essential | Desirable |
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| Qualifications | <p>Educated to Diploma level in a minimum of two or more complementary therapies</p> <ul style="list-style-type: none"> • Aromatherapy • Indian Head Massage • Reflexology • Reiki • Manual Lymphatic Drainage • Relaxation <p>Educated to Diploma level/relevant experience in groupwork/training and development</p> <p>Membership of regulatory body – FHT, CNHC</p> | <p>Counselling skills</p> <p>Safetalk / ASIST</p> <p>Mindfulness Qualification</p> <p>Dementia / Cancer massage training</p> |
| Experience | <p>2 years minimum post qualification experience of working with clients as a complementary therapist</p> <p>2 years minimum post qualification experience of delivering relaxation/therapy groupwork sessions</p> <p>Able to demonstrate continuing professional development</p> | <p>Experience within a healthcare environment</p> <p>Palliative care experience</p> <p>Experience of working in clients own homes</p> <p>Planning, delivering and reviewing outcomes based treatment plans and groupwork/training programmes</p> |
| Knowledge | <p>Understanding of the physical, emotional and spiritual needs of clients affected by life limiting conditions</p> <p>Clinical awareness of the contraindications to treatment</p> <p>Ability to adapt therapy to client condition</p> | <p>Attended relevant training</p> |

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| Skills/Abilities | Excellent interpersonal communication and listening skills Ability to work as part of a multidisciplinary team Willingness to develop self and others | Experience of evaluating therapeutic services Strengths / asset based approaches to delivery of therapies |
| Personal qualities | Ability to work autonomously to provide complementary therapies/groupwork/training Sensitivity and understanding towards clients Ability to respond to clients in distress Well developed coping strategies Awareness of own strengths and limitations | |
| Other | Professional indemnity insurance Public liability insurance Current emergency 1 st Aid certificate Flexible in working hours Flexible in working environment Car owner / driver with clean driving licence This post has a 3 month probationary/trial period | |

Application process

Please submit a concise; skills based CV with a statement in support of your application which clearly demonstrates your suitability for the post by email to June Sutherland. Email recruitment@thehavencentre.com or by post to:

June Sutherland, The Haven, Wishaw, Flat 7 Block 2, Wishaw General Hospital, 50 Netherton Street, ML2 0DP

Closing date for applications is Monday 12 noon 19th February 2018

Selected candidates will be invited to interview week commencing Monday 26th February 2018